

Club Program Teams Offered (First number is Age, 2nd number is # of team) Playing Time Policy - See website for more info	Premier	ATL		Travel		Elite
	14.1, 14.2	14.1	14.2	14.1	14.2	14.1
Team Items	Blue	Black	Black	Red	Black	Red
Head Coach	x	x	x	x	x	x
Asst Coach		x	x	x	x	x
Practice per Week (2 Hours Ea.)	1	1	1	2	2	2
CAJ Way Practices per Week (2-3 Hours)	1x per week through Dec.	1	1	1x per week through Dec. 1x per month Jan-April	1x per week through Dec. 1x per month Jan-April	1
Setting Instruction - biweekly		x	x	x	x	x
On-site Performance Training Sessions Per Week				1	1	2
Virtual Performance Training Sessions Per Week	1	1	1	1	1	
Discounted Positional Clinics During Season (ends when teams season ends)	x	x	x	x	x	x
CAJ Sports Psych Program w/ Coach	x	x	x	x	x	
CAJ Sports Psych Program w/ Dr. Tiff						x
FREE Access to Athletic Trainer	x	x	x	x	x	x
FREE Access to the ARC Room at CAJ						x
CAJ College Recruiting Mentor						x
Recruiting Profile on Connect Volleyball						x
Team Vote for AAU Nationals				x		n/a
Eligible to Attend AAU Nationals on an AAU Team	x	x	x		x	n/a
Events						
CAJ Challenge - December	x	x	x	x	x	x
December Inter-Club Scrimmage				x	x	x
January Scrimmage Day	x	x	x	x	x	x
Holiday Bootcamp - Day Only				x		
Holiday Bootcamp - OVERNIGHT (hotel Included)						x
End of Year Awards Ceremony	x	x	x	x	x	x
Post Nationals Awards Event (July)						x
Tournaments & Travel						
Total Tournaments for the Season	5	7	7	8	8	10
# of 1 Day Tournaments	5	2	3			
# of 2 Day Tournaments		4	4	4	7	4
# of 3 Day Tournaments (non-qualifiers)		1		2	1	2
# of 3 Day National Qualifiers				2	0	3
End of Season National Tourney						1
Season Ends	Late April/ Early May	Late April/ Early May	Late April/ Early May	Late April/Early May	Late April/ Early May	Late June/Early July
Specific Tournaments						
Out of Town Tournaments Included				3	2	5
Hotel Nights Included (Tournaments + Bootcamp)				8	4	11
2 Day MLK Tournament - Lil' Big South			x			
3 Day MLK Tournament - Lil' Big South		x		x	x	x
2 Day Presidents Day Tournament		Atlanta	Atlanta		Atlanta	
3 Day Presidents Day Tournament				Tampa		x
Big South National Qualifier - Atlanta				x		x
Orlando Qualifier				x		x
Other National Qualifiers						x
Team transportation at Additional NQ						x
SRVA Regionals		x	x	x	x	x
End of Season National Tourney						x
Uniform Package INCLUDED						
Mizuno Spandex	1	1	1	1	1	1
Mizuno Volleyball Shoes - 2 Choices		1	1	1	1	1
Socks - # of pairs	1	1	1	1	1	1
Kneepads	1	1	1	1	1	1
Mizuno Backpack	1	1	1	1	1	1
Mizuno Comp Warm-up Hoodie	1	1	1	1	1	1
Practice T-Shirts	1	2	2	3	3	4
Dry-Fit Warm-up Shirt	1	1	1	1	1	1
Waterbottle w/ Name	1	1	1	1	1	1
Estimated Total Fee Per Player	\$ 1,350.00	\$ 2,450.00	\$ 2,300.00	\$ 3,925.00	\$ 3,150.00	\$ 5,150.00

Club Program	Premier	ATL		Travel		Elite
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Uniform Pieces that are paid for separately, but can be reused for multiple years						
Blue L/S Sublimation				x	x	x
Red L/S Sublimation		x	x	x	x	
Black L/S Sublimation		x	x	x	x	x
White L/S Sublimation						x
Cover-up Shorts				x	x	x
Mizuno Rolling Bag						x

Payment Schedule	Payment					
Estimated Total Fee Per Player	\$ 1,350.00	\$ 2,450.00	\$ 2,300.00	\$ 3,925.00	\$ 3,150.00	\$ 5,150.00
Uniform Package Payment Due @ Commitment	n/a	x	x	x	x	x
October - Commitment Nights (14s & under)	\$ 600.00	\$ 700.00	\$ 700.00	\$ 1,000.00	\$ 1,000.00	\$ 1,000.00
November 15 (14s & Under)	\$ 250.00	\$ 450.00	\$ 425.00	\$ 650.00	\$ 500.00	\$ 650.00
November - Commitment Night (15s & up)	\$ 250.00					
December 15	\$ 250.00	\$ 450.00	\$ 425.00	\$ 650.00	\$ 500.00	\$ 650.00
January 15		\$ 425.00	\$ 425.00	\$ 650.00	\$ 500.00	\$ 650.00
February 15		\$ 425.00	\$ 325.00	\$ 650.00	\$ 500.00	\$ 650.00
March 15				\$ 325.00	\$ 150.00	\$ 650.00
April 15						\$ 650.00
May 15						\$ 250.00
June 1						
Estimated Total Fee Per Player	\$ 1,350.00	\$ 2,450.00	\$ 2,300.00	\$ 3,925.00	\$ 3,150.00	\$ 5,150.00

A Payment plan is provided for convenience, and payments per month do not reflect actual team costs per month.
 Any Player that pays in full on Commitment night will receive a \$100 discount.
 Any player that signs up for auto-pay, and payments are approved throughout the season, will receive a \$50 discount off their last payment.